



THOMAS FRANKS COMMUNITY
WEEKLY MENU



Week 3 – Summer Menu					
	MONDAY	TUESDAY	WENDESDAY	THURSDAY	FRIDAY
Main	Chicken Korma (H) Or Lentil Korma (V)	Chicken Pizza (H) Or Margherita Pizza (V)	Summer Quiche	Mexican Enchiladas (H) Or Veggie Enchiladas (V)	Assorted Sandwiches
Side	Braised Rice	Wedges	News Potatoes	New Potatoes	Chips`
Vegetable Side	Daily selection of vegetables	Beans	Daily selection of vegetables	Daily selection of vegetables	Daily selection of vegetables
Dessert	Home-made Danish	Marble Cake	Fruit Scones	Cookies	Fruit Yoghurt
FRESH FRUIT & SALADS AVAIBLE DAILY					

FOR ALLERGEN INFORMATION, PLEASE ASK A MEMBER OF THE CATERING TEAM.