



	Mental and emotional health	Positive relationships	Keeping Safe	Living in the wider world	Healthy lifestyles	Relationships and health education
Nursery	Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.	Help to find solutions to conflicts and rivalries. Increasingly follow rules, understanding why they are important. Begin to make sense of their own life-story and family's history.	<i>How do I keep myself safe online? Smartie the Penguin</i> Select and use activities and resources, with help when needed. Become more outgoing with unfamiliar people, in the safe context of their setting.	Develop their sense of responsibility and membership of a community.	Make healthy choices about food and drink. Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly. Make healthy choices about food, drink, activity and tooth brushing.	PANTS rule What is personal space? Become more outgoing with unfamiliar people, in the safe context of their setting.
Reception	Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally. Identify and moderate their own feelings socially and emotionally. Express their feelings and consider the feelings of others.	Name and describe people who are familiar to them. Talk about members of their immediate family and community. Build constructive and respectful relationships.	Manage their own needs. <i>How do I keep myself safe online? Smartie the Penguin</i>	See themselves as a valuable individual. Think about the perspectives of others. Recognise that people have different beliefs and celebrate special times in different ways.	Manage their own needs. Know and talk about the different factors that support their overall health and wellbeing: - regular physical activity - healthy eating – tooth brushing - sensible amounts of 'screen time' - having a good sleep routine - being a safe pedestrian.	PANTS rule What is personal space? Show resilience and perseverance in the face of challenge.
Year 1	Who would want to feel happy all the time? Is it ever right to make the wrong choice?	Is it okay to be angry? What characteristics of a friend are the most important?	Do we always have to stick to the rules? Is it ever right to break the rules? Who should help me work on a computer and why?	Should the rich help the poor? Is it always easy to do the right thing?	Can germs ever be good? Why is there famine?	What makes a family? What would it be like if we were all the same?
Year 2	Who suffers more, the bully or the victim? You're being over-sensitive!	Why is it important to see things from another person's point of view?	Should medicines be tested on animals? Should medicines be available for everyone?	What makes a community? Should there be rich and poor people?	Who is responsible for keeping children healthy, the children or the adults?	Is it better to be a child or an adult? What makes a friend?



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Year 3	What are talents? You can be anybody you want to be online!	Is it always easy to be friendly? Are arguments ever good? Could there ever be a school where there was no conflict?	Should smoking be made illegal?	Should we have the law? Everybody should be paid the same!	Why should we be worried about the ozone layer?	People will never all be equal!
Year 4	Should we ever give up? Can there ever be positive discrimination?	I wonder if it is always possible to sort things out so everyone feels happy?	All drugs should be banned!	The rich countries should help the poor countries!	Everything in moderation!	Should we want everything to stay the same?
Year 5	Should mental ill-health be treated like any other illness?	What would the world be like if there were no leaders? Are adults always good at calming the situation down?	Should you always listen to other people?	Should companies pay their workers a fairer wage?	Should we ever be an anti-vaxer?	Will our friendships always be the same?
Year 6	Can stereotypes ever be positive? Is the internet a good or bad thing?	"First impressions count" Do you believe this is true?	Should you always do what your friends tell you?	We should be free to decide what we want to do!	Mind over matter. What do you think?	Should we ever reject change?

Every Child a
Confident Learner