



# Could you possibly benefit from a little Early Help



Ask yourself, on a scale of 1 to 10 with 1 being totally fed up and 10 being brilliant.  
How do you feel about these five areas of your life.



**Home:** This could be how you get on with other people in your home, or the condition of the building you live in, or an issue with finances. **Your Score = ?**



**Work:** How is your job are others in your home struggling to find work? Are you struggling to access out of work benefits? **Your Score = ?**



**School/College:** How do you feel your children's education is going? Are you or others in the home struggling to get back into education **Your Score = ?**



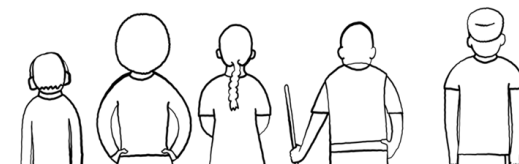
**Social/Community:** Are you feeling a bit isolated, would you like to join a community based group? Would you like information on activities in your area? **Your Score = ?**



**Health and Wellbeing:** How are you, really? How are others in your home? **Your Score = ?**

We all have bad days, but if the total of your five scores is regularly less than 20, then perhaps its time to see if you and your family may benefit from some Early Help Support.

To learn more just ask a member of our team who will gladly arrange to have a conversation with you and explain what support may be available.





You are in control of your future. This is where you explore what's happening now.  
**who in your household may benefit if things are improved in these areas?**



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**Health and Wellbeing:** How are you, really? How are others in your home?