## **Statement of Intent for Physical Education Curriculum**

The starting point for our Physical Education Curriculum is the revised EYFS framework 2021 and the Educational Programme, Physical Development and the Early Learning Goal, Gross Motor Skills. The curriculum for Key Stages 1 and 2 is based on an enhanced model of the National Curriculum, with adaptations from PE Passport. The Physical Education Curriculum ensures pupils experience a range of activities that help them to develop their health, fitness and wellbeing, alongside the appropriate skills and techniques of a wide range of sports and activities, as well as enjoyment.

Pupils are taught to understand the importance of physical activity for their health and fitness and how to make healthy choices within and out of school. This forms life-long positive attitudes towards exercise. The Physical Education Curriculum is designed to develop knowledge, skills and vocabulary in a broad range of sporting activities, as well as developing values and transferable life skills, such as fairness and respect. In addition to this, we expect our pupils to be able to master the fundamental movement skills in EYFS. These provide the foundations for developing a wide range of skills and techniques to ensure competent and confident participation in later physical activity. Age appropriate reading and in particular key vocabulary, is taught alongside the physical activities.

The high-quality Physical Education Curriculum is delivered to inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness through relevant support and challenge. The Physical Education Curriculum also ensures all pupils make progress from their starting points, regardless of prior experience and knowledge, physical ability or SEND. Resources are adapted, when necessary, to ensure SEND and disadvantaged pupils can access all aspects of the same curriculum.

Opportunities are provided for pupils to compete in sport and other activities both intraand inter-school. This allows all pupils the opportunity to build character and help to embed important life values such as fairness and respect.

## **Confident Learner**